



The massage is an ancient therapy, whose etymology comes from the Greek masso, meaning to knead, to apply pressure.

Discover all the treatments of our SPA: our staff is ready to take care of you, to awaken and regenerate your body and spirit.

TREATMENTS

RELAXING MESSAGES

The main purpose of massage is to restore balance and general well-being to the body and mind, while also stimulating circulation.

SWEDISH MASSAGE

A journey of pure relaxation involving the entire body. Almond oil nourishes and envelops the skin, while the slow, harmonious movements of the massage calm the mind, release tension, and restore vitality to the muscles.

50 minuti €80,00

- PARTIAL MASSAGE – 35 minutes €50.00

- WITH ESSENTIAL OILS – 50 minutes €85.00

HOT STONE MASSAGE

Massage performed with heated lava stones, strategically placed on the body's main energy points. The combined action of heat and manual techniques promotes muscle relaxation, reduces pain and stiffness, improves circulation, and contributes to overall energetic balance.

70 minutes – €90.00

DRY BRUSH MASSAGE

A purifying and revitalizing treatment that, thanks to the dry massage with a natural bristle brush, stimulates connective tissue and reactivates circulation. The body regains lightness and vitality, while the skin appears renewed, smooth, and radiant. A final application of targeted oils completes the experience with a profound sense of well-being.

50 minutes – €75.00

CANDLE MASSAGE

A refined and sensorial ritual: the warm, fragrant wax of a candle transforms into a precious massage oil that gently envelops the body. A unique moment of relaxation that caresses the senses, deeply nourishes the skin, and leaves it luminous and silky.

50 minutes – €95.00

SHIATSU MASSAGE

A gentle yet deep stimulation following the body's meridians, according to Chinese tradition. Fingers, palms, and elbows work in harmony to awaken vitality, dissolve tension, and restore balance and well-being to body and mind.

70 minutes – €90.00



COUPLE RELAXING MASSAGE

A unique ritual to experience together: expert synchronized hands, aromatic oils, and relaxing melodies envelop body and mind. The couple's massage offers a moment of total surrender, harmonizing the relationship and sharing sensations of serenity and pleasure.

50 minutes – €170.00

AYURVEDIC MASSAGE

A millenary wellness journey: born in India over 3,000 years ago, the Ayurvedic massage combines tradition and harmony, stimulating body detoxification and the rebalancing of energy centers. A profound caress that restores mind and body, bringing balance and vitality.

50 minutes – €80.00

OLIVE OIL MASSAGE

An autentich "bath of youth" for body and senses: our Estate's extra virgin olive oil, precious and natural, envelops the skin, giving softness, elasticity, and vitality. Nourishing and regenerating, this massage pampers the senses and protects the skin, offering an authentic wellness experience.

50 minutes – €80.00

DRAINAGE MESSAGES

MANUAL DRAINING MASSAGE

An energetic and stimulating massage that revitalizes the legs. Toning techniques, combined with the use of a specific oil, improve circulation and provide immediate lightness and well-being.

50 minutes – €70.00

DRAINING MASSAGE WITH CUPS

An innovative and revitalizing massage that, thanks to the use of cups, stimulates circulation and drains excess fluids. The skin regains tone, elasticity, and radiance, while the body experiences lightness and vitality.

40 minutes – €75.00

WOOD THERAPY

An energetic and targeted massage that, thanks to the use of wooden tools, stimulates tissues and provides an immediate draining effect. A powerful ally against fluid retention and cellulite, leaving the skin firmer, smoother, and more vibrant.

50 minutes – €85.00

DECONTRACTING MESSAGES

SPORTS DECONTRACTING MASSAGE

An intense and targeted massage that releases accumulated muscle tension. Deep and firm techniques relieve stress and stiffness, providing immediate relief and a sensation of lightness throughout the body.

40 minutes – €70.00

MOBILITY MASSAGE

A targeted treatment designed to relieve deep tension and improve body mobility. Decontracting techniques, combined with passive stretching, relax the muscles and offer a sensation of lightness and total well-being.

50 minutes – €85.00

LOCALIZED CUPPING MASSAGE

An ancient technique reinterpreted in a modern way: cups are delicately applied, creating a suction effect that stimulates circulation, relieves muscle tension, and provides a pleasant sensation of lightness and deep relaxation.

40 minutes – €70.00

BAMBOO MASSAGE

An intense and regenerating treatment: bamboo sticks glide over the body with deep, enveloping movements, releasing rigidity and muscular tension. The result is a sensation of lightness, strength, and renewed vitality

50 minutes – €85.00



FACE AND BODY TREATMENTS

FACE AND DÉCOLLETÉ

A moment of beauty and renewal for the face: the scrub purifies the skin, the mask nourishes it deeply, while the Guasha stone massage stimulates tissues and restores freshness and radiance. The final cream envelops the face, leaving it smooth, glowing, and full of energy.

35 minutes – €55.00

FOOT WELLNESS

A pure moment of relaxation dedicated to the feet, essential for our balance. The scrub removes impurities, the mask nourishes deeply, and the final cream envelops the skin, leaving it soft, silky, and regenerated.

35 minutes – €50.00

- WITH FOOT REFLEXOLOGY

The foot reflects the body's state of balance. By stimulating its specific areas, it is possible to act reflexively on imbalanced zones, promoting overall wellness and rebalancing..

50 minutes – €80.00

BODY RITUALS

OLIVE OIL RITUAL

A path of pure wellness that begins with a relaxing footbath, followed by a body scrub with Umbrian olive oil to purify and nourish the skin. The final wrap pampers the senses, while the revitalizing massage restores energy, lightness, and a total sensation of harmony.

90 Minuti €120.00

GRAPE SEED RITUAL

A precious ritual that combines the antioxidant properties of cocoa with the nourishing power of grape seed oil. The mask envelops the body with sweetness, preparing the skin for the revitalizing massage that restores energy, radiance, and a deep sensation of well-being.

50 minutes – €90.00

INCENSE RITUAL

Let yourself be carried away by the sacred scent of incense. The ritual begins with the lighting of *palo santo*, which purifies the energy, removes negativity, and restores the spirit. Then, an enveloping and profound massage with incense essential oil brings balance, inner peace, and a well-being that caresses both body and mind.

50 minutes – €90.00